

## **KIM ANDERSON, MSW, LCSW, ATR-BC**

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### **CURRENT POSITIONS AND AFFILIATIONS AND PROFESSIONAL SUMMARY**

#### **Licensed Clinical Social Worker and Board Certified Art Therapist**

**Clinician, Educator, Registered Supervisor, Consultant and Author**, Saint Louis, Missouri  
Independent practice of the psychotherapeutic arts and comprehensive consultation for human services programs and helping professionals. Areas of expertise include wholistic mental health, responsible practice, self-care for the care giver, creative enrichment, cultural diversity and multicultural issues.

#### **Fontbonne University, St. Louis, Missouri**, Saint Louis, Missouri

Adjunct Professor and Coordinator, Expressive Arts & Integrative Therapies Certificate Program, Social Work Department

#### **Author and Editor**, Saint Louis, Missouri

Author, lead author and chapter contributor to books published by internationally recognized publishers as well as published writer and poet in mainstream, professional and online genres. Editor of professional books, journals, and doctoral thesis.

### **ADDITIONAL PROFESSIONAL EXPERIENCE**

#### **Educating for Change, St. Louis, Missouri**, Saint Louis, Missouri

Cadre Member and Media Coordinator

#### **Social Work: A Journal of the National Association of Social Workers** (2000 – 2003)

Contributing Editor. Reviewed articles submitted for publication; content specializations: women's issues and multiculturalism in social work research and practice.

#### **St. Louis Institute of Art Psychotherapy**, Saint Louis, Missouri (1995-2001)

Instructor and supervisor.

#### **Field Instructor / Licensure Supervisor** (1990-2001)

Supervision of students and graduates from all major universities in eastern and mid-Missouri regions.

#### **Women's Counseling Collective**, Saint Louis, Missouri (1987-2000)

Co-founder and clinical coordinator of private group practice, supervision and training program specializing in issues pertaining to physical, emotional, and sexual violence.

## PREVIOUS EMPLOYMENT

### **Residential Psychiatric Services**, Saint Louis, Missouri (2006-2009)

Contract therapist for adults residing in residential care environments.

### **Family Resource Center**, Saint Louis, Missouri (2002-2005) and (1985-1987)

Per diem Family Therapist and Art Therapist providing expressive arts therapy to children and families. Previously held position as Senior Family Therapist.

### **Macoupin County Mental Health Center**, Carlinville, Illinois (1985)

Clinical Supervisor for a variety of programs including general services to individuals, couples, families, and counseling for children and youth with attention to households affected by chronic mental illness, developmental disabilities, alcohol and drug abuse, domestic violence, and sexual abuse.

### **Women's Self Help Center**, Saint Louis, Missouri (1983-1985)

Individual and group therapist with emphasis on issues of adult women surviving the traumas of domestic violence, rape, and child sexual abuse.

### **Washington University**, Saint Louis, Missouri (1981-1984)

Administrative and research assistant for Eloise Rathbone McCuan, Ph.D. in the field of older women's studies, and for the Child Welfare Institute under the supervision of director, Jo Mink, including projects focused upon abuse and neglect, foster care and adoption, and physical and mental health special needs.

### **Self-Employed**, Southwestern Missouri (1978-1982)

Free lance writer, photographer, and graphic artist in the Ozarks Mountain region of Southern Missouri. Projects included publication and film work, general media project coordination, and extensive darkroom management, processing, developing and printing skills.

## EDUCATION

### **Post-Graduate Certificate**, St. Louis Institute of Art Psychotherapy, Saint Louis, Missouri (2001)

### **Masters of Social Work (MSW)**, Washington University, Saint Louis, Missouri (1984)

Designed and implemented an independent curriculum combining a prior degree and career in mass media with an interest in promoting social issues and service organizations.

### **Bachelors of Science in Mass Media** (1980)

Double majors in writing and photography; minor in graphic arts.

## **POST-GRADUATE CLINICAL TRAINING AND CONTINUING EDUCATION**

**Art Therapy: Bridging Cultural Terrains Expanding the Lens of Art Therapy**, Minneapolis  
**Illinois Art Therapy Association 33<sup>rd</sup> Annual Conference**, Chicago  
**Art Therapy: Connecting Visual Expression & Healing**, National Conference, Seattle  
**Art Therapy: Weaving a Multicultural Foundation to Couple and Family Art Therapy**,  
SIU-E  
**Supervision Training**, National Association of Social Workers, Missouri  
**The Creative Process: Art Making and Active Imagination in Jungian Art Therapy**, SIU-E  
**Critical Mixed Race Studies Conference**, various national instructors, DePaul University  
**Leadership for Equity and Excellence Forum 2011**, various instructors, AZ State University  
**Innovate! 2011 National Title I Conference**, various national instructors, Tampa, FL  
**Leadership for Equity and Excellence Forum 2010**, various instructors, AZ State University  
**Authentic Movement Group for Therapists**, Caroline Heckman, Dance Therapist  
**Engaging with Artwork**, Cathy Moon, MA, ATR, BC  
**Midwest Festival of Expressive Arts Therapies**, Various Presenters  
**Authentic Movement**, Caroline Heckman, Dance Therapist  
**Current Strategies in Trauma Treatment**, Christine Courtois, Ph.D.  
**Art is a Way of Knowing**, Pat Allen  
**Shadows on the Wall: Silhouettes of the Self**, Ericha Scott, Ph.D.  
**Multiple Personality Disorder Diagnosis and Treatment**, Colin Ross, M.D.  
**Relapse Prevention**, Terry Gorski, Ph.D.  
**Double Duty, Dual Identities**, Claudia Black, Ph. D.  
**Social Work Ethical Inquiries Committee Training**, William Butterfield, Ph.D.  
**Ethical Issues in Social Work**, Frederick Reamer, DSW, JD.  
**Child Abuse Treatment and Play Therapy**, Eliana Gil, Ph.D.  
**Advanced Training in Treatment of Abuse**, various instructors, State of Illinois  
**Clinical Interventions in Child Sexual Abuse**, Suzanne Sgroi, M.D.  
**Men Who Rape**, Nicholas Groth, Ph.D.  
**Borderline and Narcissistic Personality Disorders**, James Masterson, M.D.  
**Women who Kill in Self-Defense**, Lenore Walker, Ph.D.

## **ALTERNATIVE AND CREATIVE ARTS TRAINING**

**Elemental Earthways: Various Natural/Wholistic Healing Topics**, Pat Tuholske  
**St. Louis Writer's Workshop**, David Linzee  
**Creative Non-Fiction**, Ina Hughs  
**Coyote Medicine**, Louis Mehl-Medrona, MD  
**Drum & Rattle Making for Wellness**, Lench Archuletta  
**Craft Alliance: Weaving, Hand built and Wheel Thrown Pottery**, Various Instructors  
**Death and Dying**, Sandra Ingerman, MA  
**The Way of the Shaman**, Michael Harner, Ph.D.

## PROFESSIONAL MEMBERSHIPS

- ✦ American Art Therapy Association
- ✦ National Association of Social Workers
- ✦ International Expressive Arts Therapy Association
- ✦ EAPrefer

## REFERENCES

- ✦ BONNIE DAVIS, PH.D. (314-496-3596)
- ✦ KATHLEEN GRAVES, PH.D. (907-244-8711)
- ✦ DEBRA KUHN, MSW, MAEd., LCSW, LPC (314-397-4632)

## BOOKS AND PUBLICATIONS

Chapter in *Trayvon Martin, Race, and American Justice: Writing Wrong*, Sense Publisher, September 2014.

*What Grown-Ups Need to Know About Art Therapy for Kids*, MabelMedia InnerPrizes, 2014.

Chapter in *How to Teach Students Who Don't Look Like You, (2<sup>nd</sup> Edition)*, by Bonnie Davis, author and editor, Corwin Press, June 2013.

*Visions of Violence: Making Sense of the Senseless*, Leadscape, blog contributor for the Equity Alliance at Arizona State University, January 2013.

*Creating Culturally Considerate Schools: Educating Without Bias*, with Bonnie Davis, Corwin Press, 2012

*Building Culturally Considerate Schools: What Helping and Adjunct Professions Bring to the Table*, Leadscape, blog contributor for the Equity Alliance at Arizona State University, July 2013.

*Culturally Considerate School Counseling: Helping Without Bias*, Corwin Press, 2010.

*Raising Eddie Haskell*, CharacterPlus article, April 2010.

*Ending Bias Begins at Home*, CharacterPlus article, November 2009.

Chapter in *Bi-racial and Multiracial Students: A Journey to Racial Literacy*, by Bonnie Davis, author and editor, Corwin Press, June 2009.

“Vocational Rehabilitation” and “Marguerite Weaver’s Stew”, poems published September 2004, MARGIE: American Journal of Poetry

*Soul Proprietors: Finding Right Livelihood Series*, Spirit Seeker Magazine, 2003.

*Full Circle: Countertransference Containment through Mandala-Making (A Case Study of Closure)* Art Therapy Thesis, ©2002.

*The Nature of Creativity, The Healthy Planet, 2001*

## PROFESSIONAL PRESENTATIONS AND TRAININGS CONDUCTED

**Expressive Therapies, Summit**, New York, NY, November 12, 2016

“The Trickster in Treatment: Unexpected Circumstances in Therapy”

**Illinois Art Therapy Association 35<sup>th</sup> Annual Conference**, Chicago, Illinois, October 2016

“Culturally Considerate Art Therapy: Drawing from Our Differences”

**School Social Workers Association of Missouri Annual Conference**, October, 14 2016

“Expressive Arts & Integrative Therapies in School Social Work: Best Practices”

**Advanced Skills Training: Expressive Arts & Integrative Therapies**, Fontbonne University  
30 Hr. Continuing Education Workshop, St. Louis, Missouri, October - November  
2016.

**Summit for Courageous Conversations**, St. Louis, Missouri, October 2013

“Narcissistic Altruism: When Good Work Goes Bad”

**Illinois Art Therapy Association 33<sup>rd</sup> Annual Conference**, Chicago, Illinois, October 2013

“Coyote Cases: The Trickster in Treatment”

**American Art Therapy Association 44<sup>th</sup> Annual Conference**, Seattle, Washington, July  
2013

“The Butterfly Effect: Where Psyche and Spirit Meet in Art Therapy Practice”

**NASW Missouri Show-Me Symposium**, Lake of the Ozarks, Missouri, March 2013

“Fine Lines and Colorful Cases: Artful Approaches to Boundaries, Ethics and  
Legalities in Social Work Practice”

**Missouri Charter Public School Association Conference**, St. Louis, Missouri, October 2012

“Creating Culturally Considerate Schools: Educating Without Bias”

(with Bonnie M. Davis)

**NASW National Conference: Restoring Hope** Washington DC, July 2012

“*Culturally Considerate School Counseling and Social Work*”

**NASW Missouri Continuing Education Workshop**, St. Louis, Missouri, August 2012

“*Fables & Folktales: A New Look at Ethics from the Oldest Point of View*”

**NASW Missouri Continuing Education Workshop**, St. Louis, Missouri, June 2012

“*Hour by Hour: A Holistic Approach to Mind, Body, Psyche & Spirit  
in Clinical Social Work*”

***(PROFESSIONAL PRESENTATIONS AND TRAININGS CONDUCTED, CONTINUED)***

**5<sup>th</sup> Annual Conference on Equity & Social Justice**, SUNY, New Paltz, NY, April 2012  
*“Creating Culturally Considerate Schools: Exploring Identity, Intersectionality, and Othering through Mandala Making”*

**NASW Missouri Show-Me Symposium**, Lake of the Ozarks, Missouri, March 2012  
*“The Butterfly Effect: Where Psyche and Spirit Meet in Social Work Practice”*

**NASW Missouri Continuing Education Workshop**, St. Louis, Missouri, July 28, 2011  
*“Culturally Considerate School Counseling and Social Work: Helping Without Bias”*

**NASW Missouri Show-Me Symposium**, Lake of the Ozarks, Missouri, March 2011  
*“Culturally Considerate School Counseling: Helping Without Bias”*  
*“Windows of Opportunity: Building a Multicultural Community through Art”*

**Leadership for Equity and Excellence Forum**, Phoenix, Arizona, February/March 2011  
*“Culturally Considerate School Counseling: Helping Without Bias”*

**Harlem School District**, Machesney, Illinois, February 2011  
*“Culturally Considerate School Counseling: Helping Without Bias”*

**National Title I Conference**, Tampa, Florida, January 2011  
*“Culturally Considerate School Counseling: Helping Without Bias”*

**Hazelwood School District**, Hazelwood, Missouri, January 2011  
*“Culturally Considerate School Counseling: Helping Without Bias”*

**Leadership for Equity and Excellence Forum**, Phoenix, Arizona, February 2010  
*“Windows of Opportunity: New Views through Art”*

**Residential Psychiatric Services In-Service Training**, St. Louis, Missouri, April, 2007  
*“Working with Developmentally Delayed Clients: Facing our Limitations, Expanding our Skills”*

**Midwest Festival of Expressive Arts Therapies**, Lake Geneva, Wisconsin, June 2003  
*“Windows of Opportunity: Building a Multicultural Community through Art”*

**Social Work 2000: Strategies to Succeed in the New Market Economy**, NASW's Meeting of the Profession, Baltimore, Maryland, November, 2000  
*“Wholistic Practice: A Systemic Approach to Mind, Body, Psyche and Spirit in Clinical Work”*

***(PROFESSIONAL PRESENTATIONS AND TRAININGS CONDUCTED, CONTINUED)***

**Prescott College, Tucson, Arizona, February 19, 2000**

*"Id, Identity, and Ideas of Reference: Evolution of a Practice Identity"*

**Turning Point, Warrenton, Missouri, May - June, 1997**

*"Rape and Sexual Assault Response Training"*

**Missouri Coalition Against Domestic Violence, St. Louis, Missouri, April 1997**

*"Secondary Survival: Self-Care for the Care Giver who works with Domestic Violence"*

**Jewish Family and Children's Services, St. Louis, Missouri, January 1997.**

*"Secondary Survival: Self-Care for the Care Giver who works with Severe Trauma Recovery".*

**Jewish Family and Children's Services, St. Louis, Missouri, November 1996.**

*"Adult Survivors of Childhood Sexual Abuse Interventions and Strategies of Psychotherapy"*

**Missouri Coalition Against Sexual Assault First Annual Conference, (In conjunction with**

**MOVA Annual Conference), Lake of the Ozarks, March, 1996. *"Secondary Survival: Self-Care for the Care Giver who works with Severe Trauma Recovery".***

**Jewish Community Center Association, St. Louis, Missouri, 1995.**

*"Self-Care for Care Givers".*

**Women's Self Help Center, St. Louis, Missouri, 1994.**

*"Secondary Survival: Self-Care for the Care Giver who works with Severe Trauma Recovery"*

**National Association of Social Workers (Missouri Chapter) Annual Conference, Lake of**

**the Ozarks, Missouri, April 1994. *"Secondary Survival: Self-Care for the Care Giver who works with Severe Trauma Recovery"***

**Great Rivers Mental Health, St. Louis, Missouri, 1993.**

*"Ritualized Abuse: Overview and Implications for Treatment"*

**Family Resource Center, St. Louis, Missouri.**

*"Ritualized Abuse: Overview and Implications for Treatment" (1993) and "Characteristics of Families at Risk for Violence and Related Treatment Issues" (1987)*

**Division of Family Services, Jefferson County, Missouri, 1993.**

*"Ritualized Abuse: Overview and Case Consultation"*



***(PROFESSIONAL PRESENTATIONS AND TRAININGS CONDUCTED, CONTINUED)***

**George Warren Brown School of Social Work, Washington University, St. Louis, Missouri, 1992.** *"Multiple Personality 'Design' and the Dissociative Continuum"*

**Women's Counseling Collective, Clayton, Missouri, 1993, 1992, 1991.** *Case Consultation and Supervision for Professionals Working with Adult Survivors of Childhood Sexual Abuse* (with Debra Kuhn)

**St. Anthony's Medical Center, St. Louis, Missouri, 1990.** *"Adult Survivors of Childhood Sexual Abuse: A Group Therapy Model for In-Patient Settings"* (with Debra Kuhn)

**David P. Wohl Clinic, St. Louis University Hospitals, St. Louis, Missouri, 1989.** *"Identification and Treatment of the Adult Woman who has Survived Childhood Sexual Abuse"* (with Debra Kuhn)

**National Coalition Against Domestic Violence, Annual Conference, St. Louis, Missouri, July 1986.** *"Past Meets Present and Future: Establishing a Network Against Domestic Violence in a Rural Community"* (with Carol Dodgson)

**National Coalition Against Sexual Assault, Annual Conference, Knoxville, Tennessee, July 1985.** *"Toward Mutual Respect: Adult Survivors of Childhood Sexual Abuse and their Male Significant Others"* (with Vanessa Brown, Mark Robinson and Jim Read)

**Breaking the Silence of Sexual Assault, St. Louis, Missouri, April, 1985.** *"Networking: New Options for Adult Survivors"*

**Women and Justice Conference, Jefferson City, Missouri, September 1984.** *"Female Juvenile Offenders: Implications of Sexual Abuse"* (with Carol Dodgson)

**ORIGINAL GROUPS, WORKSHOPS, AND COURSES (Multiple Presentations 1985 -present)**

**Hot Flashes, Cool Stories: The Muse at Menopause** (with Bonnie Davis)

**Writing the Woman's Way: A Creative Writing Workshop Honoring the Feminine Frame of Mind** (with Bonnie Davis)

**"Righting" Creatively: Trickster Tales and other April Fools**

*(PROFESSIONAL PRESENTATIONS AND TRAININGS CONDUCTED, CONTINUED)*

**“Righting” Creatively: Creative Writing as an Expressive Arts Therapy (for professionals)**

**In Search of Spirit: Group for Women Exploring Spiritual Growth and Development**

**Creative Consciousness: Workshop Series Exploring the Creative and Spiritual Life-Cycle**

**Treating Adult Survivors of Childhood Sexual Violation: A professional training and supervision group based upon the ten-week group model (with Debra Kuhn)**

**Loving Someone who has Been Sexually Abused: Workshops for Partners of Adult Survivors of Childhood Sexual Abuse (with Debra Kuhn)**

**COMMUNITY PRESENTATIONS AND VOLUNTEER TRAININGS**

**Building Better Behaviors**, Keeven Elementary School, Hazelwood School District, Fall & Winter 2014-15.

**Empathy and Challenges**, Robinson Elementary School, Kirkwood School District, July 2014.

**Rhythm and Blues and Reds and Greens** (with Bradley Drury), The Wellness Community, September 2003.

**Art and Music: Expressive Therapies for Wellness** (with Bradley Drury), Cancer Wellness Fair, A.G. Edwards, June 2003.

**“Righting” Creatively: The Art of Giving Thanks in Trying Times**, The Wellness Community, November 2001.

**“Righting” Creatively: Trickster Tales and Other April Fools**, The Wellness Community, March 2001.

**Gangs, Cults, and Mind Control: Methods of Psychic Manipulation**, "Counseling Children and Adolescents", University of Missouri, St. Louis, November, 1996.

**Populations to Consider: Diversity Issues in Rape and Sexual Assault**. St. Louis County YWCA Sexual Assault Response Team, 1990 - 1996.

**Adult Survivors of Sexual Assault: Acute and Delayed On-Set Delineations of Post-traumatic Stress**, "Women and Empowerment", University of Missouri, St. Louis, October, 1996.

**Rape and Sexual Assault Response Training**. St. Charles County Victim Services, 1995-1996.

**Trauma History and Eating Disorders**, Abtec Unit, Edgewood Program, St. John's Mercy Medical Center, February 1996.

**Domestic Violence: Today's Headlines, Tomorrow's Healing**, "A Woman's Look to the Future" Fair, St. Charles County Community College, October 1994.

**Populations to Consider: Diversity Issues in Rape and Sexual Assault**. SARAH Campus Sexual Assault Response Team, Washington University, St. Louis, Missouri, 1994.

**Sexual Harassment: An Issue of Power, Pride and Prejudice** (with Debra Kuhn), Hyland Center, St. Anthony's Medical Center, June 1994.

**Adult Survivors of Childhood Sexual Violation: Specific Populations Groups**, St. Louis Community College at Forest Park, June 1989.

**Women and Mental Health Series: Adult Survivors of Childhood Sexual Violation** (with Debra Kuhn and Ellen Tetlow), St. Anthony's Medical Center, May 1988.

**Counseling Techniques**, Women's Self Help Center Volunteer Training, 1987.

**Conflict Resolution and Stress Management: Dynamics of Sexual Aggression**, Blackburn College, Carlinville, Illinois, February 1986.

**Special Needs of the Sexually Abused Child**, A.P.L.A.C.E., Foster and Pre-Adoptive Parent Training.

**Domestic Violence Shelter Volunteer Training** (with Carol Dodgson), Taney County S.H.A.R.E. Program, Hollister, Missouri.

